



Snorkelling



About the activity

Snorkelling will enable your pupils to discover the intriguing underwater world of the Mediterranean Sea. Your students begin by learning how to use their equipment to its best effect. They can develop additional skills such as learning how to duck dive and equalise the pressure in their ears – and then participate in some fun snorkelling games.

Activity aims

The aim of this activity is to:

- Have fun.
- Use a mask and snorkel safely and efficiently.
- Facilitate the participants in challenging their water confidence.
- Ensure participants work together supporting and encouraging each other.
- Provide an opportunity for participants to identify and discuss what they have seen.

Progression opportunities

Some participants may also:

- Learn to use fins efficiently.
- Retrieve objects from the sea bed, using skills learnt.

In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork

Learning outcomes

Upon completion of the activity, participants will have:

- Demonstrated the ability to listen to, understand and act on instructions received.
- Correctly fitted and used a mask and snorkel.
- Developed an understanding of associated hazards.
- Effectively worked in small teams supporting their peers throughout the activity and recognised their achievements.
- Contributed to a post-activity review led by the instructor identifying what they did well and then suggested ways to improve.

Associated vocabulary

Words relevant to safety	e.g. rules, warm up, risk assessment, buoyancy aids, water shoes, buddy.
Words relevant to equipment	e.g. mask, snorkel, fins, surface marker buoy.
Words relevant to the activity	e.g. marine life, surface dive, BSAC.
Words relevant to teamwork	e.g. achievement, communication, encouragement, listening, participation, review, support, trust.